

TALKING TO YOUR KIDS ABOUT DRUGS

what parents need to know

- 1 Talk frequently
- 2 Show interest
- 3 Be clear
- 4 Be consistent
- 5 Know the facts about drugs/alcohol/tobacco
- 6 Be respectful & genuine
- 7 They talk, you listen
- 8 Scare tactics don't work
- 9 Control your emotions
- 10 Take advantage of teachable moments

Learn more about these 10 tips to help you Start Talking today at starttalking.ohio.gov



2:00AM

Start Talking!
Building a Drug-Free Future



Visit
starttalking.ohio.gov
to get the
conversation
going!

START
TALKING!

BUILDING A
DRUG-FREE
FUTURE

Parents, mentors and peers make a difference just by talking to the young people in their lives about drug abuse. 

know[®]

Know! provides emails twice a month with tips and current facts about

alcohol, tobacco and other drugs, as well as action steps to help children resist peer pressure to use. Subscribe for free at <https://www.drugfreeactionalliance.org/know>