

PROGRAM

Mental Health and Social-Emotional Learning Summit



Greater Columbus Convention Center

Feb. 25, 2020



Welcome to the Mental Health and Social-Emotional Learning Summit!

By attending this event, you will further your understanding of these crucial issues and learn about creative and effective solutions that can lead to more productive, successful and fulfilled students. This summit is packed with learning opportunities, thought-provoking keynotes and more than 40 organizations that are onsite to share information on their resources that are available to school districts and community organizations. No matter your role, you're sure to leave feeling empowered and inspired to make a difference in your community.

Schedule

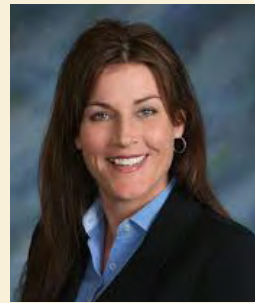
9 a.m.	Registration
9 a.m.–3 p.m.	Resource Fair (located throughout the first and second floors; participants listed on pages 6-7; map on back cover)
9:30 a.m.	Opening General Session: <i>In their voices</i> — Dr. Kathy McFarland; Short North Ballroom
10:30 a.m.	Break
10:45 a.m.	Breakout sessions (12) (located throughout Concourse C; sessions listed on page 4; map on back cover)
Noon	Lunch on your own
1:30 p.m.	Breakout sessions (12) (located throughout Concourse C; sessions listed on page 5; map on back cover)
2:45 p.m.	Break
3 p.m.	Closing General Session: <i>The power of vision</i> — Dr. Thomas G. Maridada II; Short North Ballroom
3:45 p.m.	Adjourn

Keynote speakers

Opening General Session

In their voices — Dr. Kathy McFarland

Often, adults tell students what they need. Today, students will use their voices to describe how we can support them in the areas of mental health and social-emotional learning. Join McFarland, a former educator and principal and current Ohio School Boards Association deputy chief executive, to hear what students are asking of you to promote better student success and health in your school district and community.



Closing General Session

The power of vision — Dr. Thomas G. Maridada II

A former educator and superintendent, Maridada previously served as president of BRIGHT New Leaders for Ohio Schools, a nonprofit, statewide public-private partnership funded by the Ohio General Assembly. He is a world-class educator who, over the course of a 25-year career, has raised academic achievement and created a brighter future for thousands of young people. Prior to joining BRIGHT, Maridada served as national director of education policy, practice and strategic initiatives for the Children's Defense Fund in Washington, D.C. Currently, he is the Jim and Susan Swartz Fellow in Christian Studies at the Harvard Divinity School at Harvard University.



Musical guests — The William Brady Project Band

A fundraising band that focuses on mental health awareness; all proceeds benefit The William Brady Organization Inc.

Participating groups

Thank you to the following groups for their support of the Mental Health and Social-Emotional Learning Summit.

- Buckeye Association of School Administrators
- National Alliance on Mental Illness of Ohio
- National School Boards Association
- Ohio Association of Elementary School Administrators
- Ohio Association of Secondary School Administrators
- Ohio County Commissioners Association
- Ohio Department of Education
- Ohio Education Association
- Ohio Educational Service Center Association
- Ohio Federation of Teachers
- Ohio High School Athletic Association
- Ohio Mental Health and Addiction Services
- Ohio School Boards Association
- Ohio School Counselors Association
- Ohio School Psychologists Association
- Ohio State University
- State of Ohio

Continue learning about these important topics

While we are making great strides through this event, the challenges surrounding the mental health and social-emotional wellness of Ohio's children cannot be solved in one day. We all must continue expanding our knowledge and understanding of these issues so that we can best serve our children, schools and communities.

Toward this end, the Ohio School Boards Association has compiled a toolkit of resources, available at www.leadingourlearners.org.

You can share ongoing resources, strategies and ideas with your peers by sending information to studentwellness@ohioschoolboards.org.

Handouts

Session handouts will be online only and are available at www.ohioschoolboards.org/MHSEL-summit-info.

10:45 a.m. breakout sessions

Mental health track

Bridges Learning Center and wraparound services:

Servicing the whole child C 150

Discover how Bridges Learning Center, a public K-12 **Akron City** school, meets student needs by providing wraparound services focusing on mental health and the whole child. This teacher-led panel will highlight some key features of the center and provide intervention ideas that can be used in programs throughout Ohio.
Akron City

How one person can support over 400 educators C 161A

How do we sustain great mental health initiatives? Discover how to build a tiered system of in-house support to keep evidence-based programs alive in multiple schools with minimal staff. Learn why in-house support is critical to keeping evidence-based practices alive and achieving the promised results.
Northwest Ohio ESC

One in 10 children has an eating disorder C 160A

This presentation dispels common myths about eating disorders; presents basic biological components of the disorder based on current brain research, including signs, symptoms and risks; and offers referral information geared toward the school-aged population.
The Center for Balanced Living

Stress management and resiliency training C 162A

Emotional regulation impacts a student's behavior, attendance and academics. When students are dysregulated, they cause disruption in the learning environment for themselves, classmates and teachers. Learn how the Stress Management And Resiliency Training (SMART) Lab integrates technology and social-emotional learning in a space designed for students to gain skills and return to the classroom ready to learn.
Pickerington Local (Fairfield)

Suicide screening and symptoms C 171

Miami University shares an overview of programming that specifically targets mental health interventions at the K-12 level. Learn about universal screening, addressing mental health triage in schools and suicide prevention strategies.
Miami University

Student wellness success funds panel: A panel of experts answers your questions

Short North Ballroom

The recently passed biennial budget includes \$675 million in new funding for student wellness and success programs that will be distributed to districts across the state. Experts from the Ohio School Boards Association and the Ohio Department of Education will provide insight into this new funding and answer your questions.
Ohio School Boards Association and Ohio Department of Education

Social-emotional learning track

A team approach to social-emotional learning skill building C 162B

The Specialized On-Site Support (SOS) Team shares its multidisciplinary approach for building professional capacity to address social-emotional learning. An administrative coach, board-certified behavior analyst, mental health specialist, instructional coach and an English learner specialist describe restorative practices, positive behavioral interventions and supports, trauma, cultural competency and more.
ESC of Central Ohio

How mentoring can impact student success C 151

Learn how to create, facilitate and grow a districtwide mentoring program for girls in middle and high schools. Review five years of proven results and growth from a program that began in three middle schools and continues to support those students through high school. The program connects students with their peers and female mentors from the local community while focusing its monthly meetings on self-esteem, goals, positive choices and thinking about the future.
Westerville City

Connections classroom C 160B

Learn about the intensive Tier 3 behavioral support program taking place in the **Northwest Local (Hamilton)** School District. The program helps elementary students who have behavioral and emotional needs that require intensive support focusing on emotional regulation and coping, problem-solving and social skills while meeting each student's educational needs.
Hamilton County ESC and Northwest Local

Social-emotional learning: Classroom, building and district perspectives C 170

Discover tools and strategies for social-emotional learning. Learn how educational leaders can implement social-emotional learning programs.
Claymont City, Hilliard City and Strongsville City

Social-emotional learning in a cultural context C 161B

Review the impact of culture in students' academic achievement.
Ohio State University

Transform the lives of wounded students C 172

Emotional poverty has become a deterrent to academic success. Understanding the social-emotional needs of children of trauma in order to avoid using ineffective strategies and consequences is imperative to creating a thriving culture. This session will provide information on leadership, brain integration, empathy and nine personal and professional strategies for keeping wounded children engaged.
Hope 4 The Wounded LLC

1:30 p.m. breakout sessions

Mental health track

Building connections to catch every kid C 160A

Learn how to catch every child in your school using strategies that build safe and secure attachments. These attachments help students improve self-regulation, increase their resiliency, sharpen their focus and improve academic performance. Study the signs of at-risk students and how to teach behavior skills that have a lasting impact.
University of Dayton

Community and school resources for suicide prevention C 171

Review community and school resources for suicide prevention, integrated mental health care and the role of Nationwide Children's Hospital in meeting the behavioral health needs of students in Ohio schools. Learn about the SOS Signs of Suicide program, PAX Good Behavior Game, intervention options and family resources available through the On Our Sleeves program.
Nationwide Children's Hospital

Easy student campaigns for mental health C 150

This session will provide all the information needed to easily implement two student campaigns to decrease mental health stigma and improve connectedness and culture. Hear how #ThereForMe day and Everyone Has a Story outreach required little to no cost and generated significant positive feedback.
Worthington City

Our school has gone to the dogs! C 162A

Learn how a partnership with Canine Companions for Independence transformed student services and dynamically impacted lives. Meet Darius, the district's canine companion, and hear how a canine companion can support students' mental health needs and enhance the work of school counselors and educators.
New Albany-Plain Local (Franklin)

Resiliency: School nurses and the whole child C 161A

School nurses are key health care providers in schools. Hear how the school nursing practice involves caring for the whole child, including both physical and mental health needs, and supports students, staff, families and the school community in building resiliency.
Ohio Department of Health and Ohio Association of School Nurses

Student wellness success funds panel: A panel of experts answers your questions

Short North Ballroom

The recently passed biennial budget includes \$675 million in new funding for student wellness and success programs that will be distributed to districts across the state. Experts from the Ohio School Boards Association and the Ohio Department of Education will provide insight into this new funding and answer your questions.
Ohio School Boards Association and Ohio Department of Education

Social-emotional learning track

Engaging social-emotional learning classroom activities C 162B

Discover engaging social-emotional learning (SEL) lessons for K-four students that implement the Ohio Social-Emotional Learning Standards. Walk away with ideas for hands-on activities, games, visuals, mindfulness practices and children's literature examples for each SEL competency.
Minford Local (Scioto)

Partnering for student wellness and success C 151

Discover strategies to help districts partner with educational entities to provide wraparound support for students.
ESC of Central Ohio and Montgomery County ESC

Social-emotional learning district leadership team C 172

Hear how **Marion City's** social-emotional learning (SEL) district leadership team was created to lay the foundation for sustainable change in a district where students are economically disadvantaged and the majority are impacted by trauma. Learn how the team implemented an effective, trauma-informed approach in conjunction with SEL standards to allow for instruction to improve students' self-regulation skills and reduce noninstructional barriers.
Marion City

The other trauma no one talks about C 161B

Engage in reflective discussion about racial and historical trauma and compassion fatigue. Discover how to consider schools as spaces of trauma, for both students and the adults who serve them, and learn strategies for self-care to create safe school spaces.
Plant-A-Seed Educational Consulting LLC

Turning plans to action C 160B

Maumee City administrators and teachers engaged in a collaborative process to build a guaranteed and viable social-emotional learning course of study using gap analysis, survey instruments, user-friendly templates and high staff involvement. Discover how it was customized for each grade band — K-five, six-eight and nine-12 — to meet learners' unique needs at each level.
Maumee City

Using social-emotional learning for organizational integration C 170

This session includes a panel discussion about using social-emotional learning (SEL) to infuse the work of multiple departments and roles within one school district. District personnel whose roles focus on equity and inclusion, SEL curriculum, mental health services, student well-being, multitiered system of supports and professional development will share strategies for SEL implementation.
Olentangy Local (Delaware)

Resource Fair participants

AmeriCorps Mentors for Success Table 1

Empowering Ohio students in grades five through 12 to achieve their goals through individualized, school-based mentoring. (614) 542-4177 • www.escco.org

Aperture Education Table 2

Specializing in social-emotional learning (SEL) solutions for youth, grades K-12, and educators. (844) 685-2499 • www.apertureed.com

Capital University Table 3

The Master of Arts in Education programs at Capital University are for compassionate, driven people who want to bring balance to the complex lives of children and families. (865) 544-6175 • www.capital.edu

The Center for Balanced Living Table 4

Eating disorder treatment facility in Columbus providing multiple levels of compassionate, evidence-based care. (614) 896-8222
www.thecenterforbalancedliving.org

Champions Before- and After-School Table 5

Our programs create year-round learning environments that inspire curiosity in children. (614) 323-3043 • www.discoverchampions.com

Collaborative Classroom Table 6

Caring School Community, a CASEL SELect K-eight program, explicitly teaches the social and emotional learning (SEL) competencies, builds a caring community and empowers students to take responsibility for their actions. (440) 669-5033 • www.collaborativeclassroom.org

Concord Counseling Services Table 7

Services include psychiatry; alcohol/drug; therapy; support groups; school-based prevention; community support; vocational; respite; supportive housing; and Pathway Clubhouse. (614) 882-9338 • www.concordcounseling.org

ELA Effective Leadership Academy Table 8

Partners with schools and community organizations to develop self-leadership, social-emotional learning and soft skills and character traits in fifth- through 12th-graders. (216) 292-8775 • www.effectiveela.org

FranklinCovey Table 9

Leader in Me (LiM) is a CASEL-endorsed, evidence-based whole-school improvement process that uses a leadership approach to develop the social-emotional competencies and mental health and wellness in students. LiM is aligned to the Ohio Department of Education's social-emotional learning standards. (614) 580-7449 • www.leaderinme.org

Gaggle Table 10

Helping to ensure the safety and well-being of all students on school-provided technology while protecting the liability of school districts. (216) 262-2428 • www.gaggle.net

Gallagher Benefit Services Table 11

A global leader in insurance, risk management and consulting services, helping to provide clients with effective solutions to the challenges they face. (614) 356-2479 • www.ajg.com

Grant Us Hope Table 12

The Ohio founding agent of Hope Squad, an evidence-based, peer-to-peer teen mental wellness and suicide prevention program. (513) 984-4473 • www.grantushope.org

Hamilton County Educational Service Center Table 13

Provides a continuum of proactive and responsive services and supports around trauma-informed care, social and emotional well-being and mental wellness. (513) 674-4522 • www.hcesc.org

Hope 4 The Wounded LLC Table 14

Offers a multitude of social-emotional learning training options based on practitioner-developed strategies. We also offer books, a national conference for educators and child advocacy professionals. (567) 203-7472 • www.hope4thewounded.org

INFOhio Table 15

Ohio's pre-K-12 digital library with a vision that each Ohio pre-K-12 student has equal access to high-quality digital resources. (614) 947-7900 • www.infohio.org

Mental Health America of Franklin County Table 16

We transform how people think about mental illness, making it easier to get help and give people the support they need to get better and stay better. (614) 221-1441 • www.mhafc.org

Mount Carmel Health System Table 17

Urban Health Management's Case Management Hub provides long-term case management that connects vulnerable patients with community resources. (614) 546-4177
www.mountcarmelhealth.com/urbanhealth

National Alliance on Mental Illness (NAMI Ohio) Table 18

NAMI Ohio is the state's voice for mental illness. Our goal is to improve the lives of individuals, families and children who are impacted by a mental health condition by providing education, support and advocacy. We have affiliates throughout the state who are trained to provide numerous programs, including Family to Family, Connections Support Groups, NAMI Basics and Ending the Silence. (800) 686-2646 • www.namiohio.org

Nationwide Children's Hospital Behavioral Health Services Table 19

Clinicians will provide resources and best practice recommendations in the area of school-based mental health and suicide prevention. (614) 355-0850 • www.nationwidechildrens.org/specialties/behavioral-health

North Community Counseling Centers Table 20

A nonprofit mental health agency that has been serving central Ohio for over 50 years, providing counseling, psychiatry, case management and substance use disorder treatment. (614) 261-3196 • www.northcommunity.com

Ohio Adolescent Health Partnership/ Start School Later, Ohio Chapter Table 21

Advocates promoting teen health, including sleep, which is linked to emotional intelligence, depression and suicide. (330) 389-9133 • www.ohioadolescenthealth.org • www.startschoollater.net

Ohio Association of County Behavioral Health Authorities Table 22

Crisis Text Line provides free, confidential support 24/7. Ohio users can text 4Hope to 741741 to connect with a live, trained crisis counselor within minutes. (614) 224-1111 • www.oacbha.org

Ohio Department of Mental Health and Addiction Services Table 23

OHYES! (Ohio Healthy Youth Environments) is a free risk and protective factor survey that supports positive behavioral interventions and supports (PBIS), the Ohio Improvement Process, Every Student Succeeds Act, emergency operations plans and school climate and prevention. It is a joint effort of the Ohio departments of education, mental health and addiction services, and health. (614) 728-2519 • www.ohyes.ohio.gov

Ohio Education Association (OEA) Table 24
OEA supports educators in Ohio's public schools and the students they serve. OEA provides SEL professional development and resources.
(800) 282-1500 • www.ohea.org

Ohio Federation of Teachers (OFT) Table 25
Offers the Community Learning Centers 101 to educate stakeholders about the Community Learning Center model. The model includes wraparound support, expanded learning, community engagement and collaborative leadership.
(614) 312-1014 • www.oh.aft.org

Ohio Mental Health Network for School Success Table 26
Working with the Center for School-Based Mental Health Programs, we help schools, community agencies and families work together by providing mental health programs; evaluations; technical assistance; training; webinars; information briefs; a registry of evidence-based programs and promising practices; and seven regional networks of support.
(330) 697-3899 • www.omhnss.org

Ohio Opioid Education Alliance Table 27
A coalition of 100 organizations committed to raising awareness of the opioid crisis through its Don't Live in Denial, Ohio campaign.
(614) 224-8114 • www.dontliveindenial.org

Ohio School Counselor Association Table 28
The only professional organization that solely represents and advocates for the interests of professional school counselors in Ohio. Our mission is to empower, unite and support professional school counselors in their role of promoting student success.
(614) 401-4642 • www.ohioschoolcounselor.org

Ohio School Psychologists Association Table 29
Represents school psychologists dedicated to promoting quality mental health services and academic supports to help students thrive and succeed.
(614) 934-1006 • www.ospaonline.org

Ohio School Social Work Association (OSSWA) Table 30
Learn about the specific role of school social workers in meeting the mental health and social-emotional needs of children in schools. Watch a short video testimony from students, parents, teachers and administrators describing how school social workers helped address their mental health needs.
(740) 359-4713 • www.osswa.org

Ohio State University, Department of Educational Studies Table 31
Offers summer courses to address social-emotional learning (SEL), tip sheets on best practices for addressing SEL in the classroom and resources.
(614) 292-5909
<https://ehe.osu.edu/educational-studies>

OSU Extension Table 32
Located in all 88 counties, OSU Extension provides information for all Ohioans to better their lives, businesses and communities. Learn how can we help you serve your students and their families.
(419) 674-2297
<https://extension.osu.edu/home>

Ohio's FASD Steering Committee Table 33
Led by the Ohio Department of Mental Health and Addiction Services and Ohio Department of Health, the Ohio Fetal Alcohol Spectrum Disorders (FASD) Steering Committee's goals are aimed at prevention and intervention programs for prenatal alcohol exposure.
(614) 752-8355 • www.mha.ohio.gov/fasd

The PAXIS Institute Table 34
PAX Good Behavior Game is a powerful, evidence-based practice consisting of proven instructional and behavioral health strategies used daily by teachers and students. This universal preventive approach improves classroom behavior and academics and provides a lifetime of benefits for every child by improving self-regulation and co-regulation with peers.
(520) 299-6770 • www.paxis.org

PSI Table 35
Provides social-emotional programs for K-12 students and staff. Trained professionals in both health and education will visit your school and meet the needs of the "whole child."
(800) 841-4774, ext. 200 • www.psi-solutions.org

RFS Behavioral Health Table 36
Specializing in developing and implementing school-based mental health services. Our TACKLE program is the most widely used clinical school-based program in northwest Ohio, serving 78 schools. Designed for youth of all ages, the program provides an opportunity for students to participate in therapeutic interventions during school hours.
(419) 693-9600 • www.rfstackle.com

Ruling Our eXperiences Inc. (ROX) Table 37
The emerging national leader in programming, research and education focused on girls. Our mission is to create generations of confident girls who control their own relationships, experiences, decisions and futures.
(614) 488-8080 • www.rulingourexperiences.com

Scream Back Table 38
An innovative program for youth using peer messaging and the power of music to break the stigma of mental and behavioral health conditions.
(614) 905-1043 • www.screamback.org

SPARK (Supporting Partnerships to Assure Ready Kids) Table 39
A family-focused, home visitation, kindergarten-readiness program. We believe involving parents in their child's early learning is critical to lifelong success.
(330) 491-3272 • www.ecresourcecenter.org

Stand Together Against Trafficking Table 40
An interactive program for students and school personnel about human trafficking. Offers assistance to students in launching their own awareness campaigns.
(614) 309-7584 • www.statnow.org

SuperSeeds Table 41
Offers alternative resources for discipline with a focus on youth development. Our mission is designed to disrupt the school-to-prison pipeline.
(513) 543-4275 • <http://superseeds.foundation>

Terrace Metrics Table 42
An advanced system that assesses and monitors the schoolwide behavioral health status of students from grades three through 12.
(859) 939-9309 • www.terracemetrics.org

Thriving Families Counseling LLC Table 43
Provides individual, family and marital counseling services as well as workshops and training in varying subject matter including, but not limited to, adverse childhood experiences, promoting positive self-worth in children and relationships.
(614) 290-3407
<https://thrivingfamiliescounseling.com>

Valley Counseling Services Table 44
Partners with several school districts to provide innovative mental health services to assist students in their journey to independence.
(330) 394-6244 • www.vcs.fcsserves.org

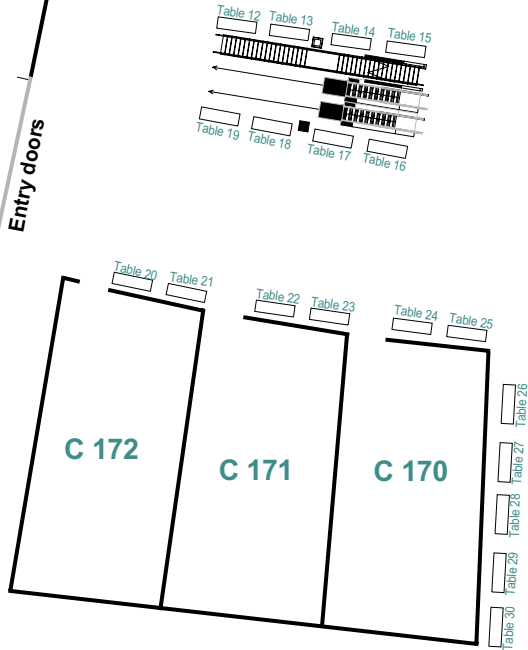
Youth Yoga Project Table 45
Provides professional development, curriculum and training to K-12 schools to empower their students with yoga and mindfulness tools.
(614) 638-3322 • www.youthyogaproject.net

Greater Columbus Convention Center (GCCC) map

Goodale Blvd.

Entry doors

GCCC First Floor



High St.

GCCC Second Floor

